

Mountain Paradise Yoga Ahrntal

Your special weekend

13th – 16th July 2023



Experience nature – feel the mountains, fresh air, clear water



Thursday, 13th July 2023
6 – 7 p.m.

Mother Earth Root Yoga with meditation



€ 20 early bird price / from 15th May € 22



Friday, 14th July 2023
9.30 – 10.45 a.m.

The flow of life



€ 22 early bird price / from 15th May € 25



Friday, 14th July 2023
6 – 7.15 p.m.

Magic of fire



€ 22 early bird price / from 15th May € 25



Saturday, 15th July 2023
9 – 11 a.m.

mindfulness hike



€ 22 early bird price / from 15th May € 25



Sunday, 16th July 2023
9 – 10.30 a.m.

**Birdsfly followed by breakfast at the
Kristallalm (ascent and descent included)**



€ 40 early bird price / from 15th May € 42



Total price: €

139

*Early bird price
until 15th May 2023:*

€ 126