

<p>SAT 11/09</p>	<p>8:30 am Yoga at the rooftop terrace at Restaurant Stochas food & drinks in Steinhaus/Ahrntal valley. Afterwards breakfast on demand. Price: 19 €, with breakfast 33,90 €. Information and booking phone +39 0474 651354</p> <p>9 am Almhopping at Speikboden – pleasant guided alpine pasture tour from one lodge to another in Sand in Taufers/Campo Tures (medium difficulty). With the Holidaypass Ahrntal valley/Sand in Taufers € 20 (regular price € 30). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>10 am Saturday morning pint with veal sausage and pretzel at the Café Karin in Luttach/Ahrntal valley</p> <p>10 am Copper smelting like in the Middle Ages: Copper smelting attempts at the medieval smelting furnace at the Nikolausstollen (gallery) at the copper mine in Prettau/Predoi (until 5 pm)</p> <p>10 am Saturday morning pint at the Spangla's haybarn with live music (in the centre of Sand in Taufers/Campo Tures)</p> <p>11 am Guided tour in the historic village of Steinhaus/Ahrntal valley (duration. 1 hour). Information and booking at the mining museum Kornkasten, phone +39 0474 651043</p> <p>4 pm Fair day festival at the hut Schwarzbachalm above St. Johann/Luttach</p>
<p>SUN 12/09</p>	<p>8 am Flea market at the valley station of Speikboden cable car (until 5 pm)</p> <p>10 am Copper smelting like in the Middle Ages: Copper smelting attempts at the medieval smelting furnace at the Nikolausstollen (gallery) at the copper mine in Prettau/Predoi (until 5 pm)</p> <p>11 am Fair day festival at the hut Schwarzbachalm above St. Johann/Luttach: live music</p> <p>2 pm Experience the technology of the cableway Speikboden: guided tour (cableway ticket required). Price: adults € 10, kids until 16 years € 5, kids under 8 years free. Information cable cars Speikboden phone +39 0474 686552 and booking online shop.speikboden.it</p>
<p>MON 13/09</p>	<p>9 am Almhopping at Speikboden – pleasant guided alpine pasture tour from one lodge to another in Sand in Taufers/Campo Tures (medium difficulty). With the Holidaypass Ahrntal valley/Sand in Taufers € 20 (regular price € 30). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>9:30am Sun paths hike. Learn more about the culture, the tradition and the life on the mountain-farms on 1.400 m with your guide Doris. With the Holidaypass Ahrntal valley/Sand in Taufers € 10 (regular price € 15). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>5 pm Hand made fresh cheese at the farm Eggemoa in Mühlwald/Selva dei Molini. With the Holidaypass Ahrntal valley/Sand in Taufers € 12, kids 8-12 years € 8. Information and booking at the tourist office Sand in Taufers/Campo Tures phone: +39 0474 678076</p>
<p>TUE 14/09</p>	<p>5:45 am Spectacular sunrise at Speikboden. With the cable car Speikboden and the chairlift Sonnklar at 2,400 m. Breakfast at the hut Sonnklarhütte booking online shop.speikboden.it</p> <p>8 am Hiking in the Nature Park: "Ice Age" in Rein/Riva – guided tour of medium difficulty. With Holidaypass Ahrntal valley/Sand in Taufers € 10 (regular price € 15). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>10 am Carriage ride through the autumn landscape with visit of the animals at the Obergruber farm in St. Peter/Ahrntal valley. Prices: adults € 10, kids € 7. Information and booking Oswald Plankensteiner, phone +39 339 5758918</p> <p>11 am Guided tour in the historic village of Steinhaus/Ahrntal valley (duration. 1 hour). Information and booking at the mining museum Kornkasten, phone +39 0474 651043</p> <p>5 pm Cheese, fields & forests on the search for special ingredients (with a tasting) in Mühlwald/Selva dei Molini. With the Holidaypass Ahrntal valley/Sand in Taufers € 12 (regular price € 15). Information and booking at the tourist offices</p> <p>5 pm Guided visit to the lamb wool museum and creating a woollen souvenir in Bad Winkel/Cantuccio - Sand in Taufers/Campo Tures. Price: € 6. Information and booking at the tourist office Sand in Taufers/Campo Tures, phone +39 0474 678076 or directly at the museum</p>
<p>WED 15/09</p>	<p>8 am Weekly Market in Bruneck/Brunico (until 1 pm)</p> <p>8:30 am Market near the middle school in St. Johann/Ahrntal valley (until 2 pm)</p> <p>9 am Guided Tour Via Ferrata Speikboden (difficulty grade B/C). Price: € 39 without equipment and cablecar ticket. Information cable cars Speikboden phone +39 0474 678122 and booking online shop.speikboden.it</p> <p>9:30 am Life on a mountain farm: exciting day hike with Dorothea Volgger from Speikboden to the farmhouse Oberpurstein. With the Holidaypass Ahrntal valley/Sand in Taufers € 20 (regular price € 30) without cable car ticket. Information cable cars Speikboden phone +39 0474 678122 and booking online shop.speikboden.it</p>
<p>THUR 16/09</p>	<p>6:30 am "On quiet paws" – watching wildlife with a picnic in the forest. Guided hiking tour of medium difficulty in Weißenbach/Ahrntal valley. With Holidaypass Ahrntal valley/Sand in Taufers € 15 (regular price € 25). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>10 am Carriage ride through the autumn landscape with visit of the animals at the Obergruber farm in St. Peter/Ahrntal valley. Prices: adults € 10, kids € 7. Information and booking Oswald Plankensteiner, phone +39 339 5758918</p> <p>10 am Water, woods and Kneipp – health awareness excursion with certified Kneipp health instructors to the Rein/Riva waterfalls in Sand in Taufers/Campo Tures. With the Holidaypass Ahrntal valley/Sand in Taufers € 10 (regular price € 15). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>2 pm Small farmer's and artisan's market at the Tubris centre in Sand in Taufers/Campo Tures (until 6.00 pm)</p> <p>2 pm Apple strudel workshop with tasting at the Speikboden Restaurant "Di Hitte in do Mitte" – after the favourite recipe of the chef Linda. Price: including cooking class, strudel and beverage 25 €. Information and booking Di Hitte in do Mitte, phone +39 348 7060389 or booking online shop.speikboden.it</p> <p>4 pm An insight into organic farming and milk processing with cheese and wine sampling at the biologic farm Moserhof in Steinhaus/Ahrntal valley. With the Holidaypass Ahrntal valley/Sand in Taufers € 12 (regular price € 15). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>8:30 pm musiKultur Taufers: Alea Ensemble in concert in the parish church in Sand in Taufers/Campo Tures. Price: 15 €</p>
<p>FRI 17/09</p>	<p>Goats, milk and cheese – guided visit of the dairy with tasting session in the cheese factory Goasroscht in Sand in Taufers/Campo Tures (near Rein/Riva waterfalls). On request, booking until 10 am at the tourist offices or online: tickets.ahrntal.com</p> <p>8:20am The power of water – guided day hike with ex-forest ranger Georg along historic mills, waterfalls and gorges in Mühlwald/Selva dei Molini. With the Holidaypass Ahrntal valley/Sand in Taufers € 10 (regular price € 15). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>10 am Horse-drawn carriage ride. Start the day with a relaxing ride along the Ahr river. With the Holidaypass Ahrntal valley/Sand in Taufers € 5 (regular price € 10). Information and booking at the tourist offices or online: ticket.ahrntal.com</p>

FRI 10/09	<p>10 am Discovering the village of mills – easy guided walking tour with information on the mills in Mühlen in Taufers/Molini di Tures. With the Holidaypass Ahrntal valley/Sand in Taufers € 8 (regular price € 12). Information and booking at the tourist offices or online: ticket.ahrntal.com</p> <p>3 pm Free speck sampling at the butcher's Obermair in Luttach/Ahrntal valley (until 6 pm). No registration required, for groups on request also possible on other weekdays, phone +39 0474 671292</p>												
SAT 18/09	<p>8:30 am Yoga at the rooftop terrace at Restaurant Stochas food & drinks in Steinhaus/Ahrntal valley. Afterwards breakfast on demand. Price: 19 €, with breakfast 33,90 €. Information and booking phone +39 0474 651354</p> <p>9 am Almhopping at Speikboden – pleasant guided alpine pasture tour from one lodge to another in Sand in Taufers/Campo Tures (medium difficulty). With the Holidaypass Ahrntal valley/Sand in Taufers € 20 (regular price € 30). Information and booking at the tourist offices or online: tickets.ahrntal.com</p> <p>11 am Guided tour in the historic village of Steinhaus/Ahrntal valley (duration. 1 hour). Information and booking at the mining museum Kornkasten, phone +39 0474 651043</p> <p>3 pm 4th "Graukäse"-days in Ahrntal valley: farmers and cheese market, comparative tasting and official opening at the civic hall in Steinhaus/Ahrntal valley</p> <p>7 pm 4th "Graukäse"-days in Ahrntal valley: 5-coures "Graukäse" menu with live music at the civic hall in Steinhaus/Ahrntal valley. Price: € 39. Information and booking phone +39 0474 671136 or online: tickets.ahrntal.com</p> <p>8 pm Concert of the Brass Ensemble Mnozil Brass at the pavilion in Sand in Taufers/Campo Tures. Price: 45 €. Advance booking at the tourist office Sand in Taufers/Campo Tures</p>												
SUN 19/09	<p>10 am 4th "Graukäse"-days in Ahrntal valley: production of butter and "Graukäse" at hut Fuchsalm in Kasern/Casere. Information and booking phone +39 349 3625241. No participation fee</p> <p>2 pm Experience the technology of the cableway Speikboden: guided tour (cableway ticket required). Price: adults € 10, kids until 16 years € 5, kids under 8 years free. Information cable cars Speikboden phone +39 0474 686552 and booking online shop.speikboden.it</p>												
18/09 to 26/09	<p>4th "Graukäse"-days in Ahrntal valley Enjoy typical dishes at the base of "Graukäse" from 18 to 26 September at the following restaurants and huts:</p> <table border="0"> <tr> <td>Kasern/Casere</td> <td>hut Tauernalm, hut Prastmannalm</td> </tr> <tr> <td>Steinhaus/Cadipietra</td> <td>hut Kristallalm, Restaurant Stochas food & drinks</td> </tr> <tr> <td>St. Johann/San Giovanni</td> <td>hut Bizathütte, Mountain Inn Platterhof, Restaurant Pizzeria Ahrner Wirt, hut Niederhofer Alm, Mountain Inn Stallila, hut Daimeralm, hut Rotbachalm</td> </tr> <tr> <td>Weißbach/Rio Bianco</td> <td>Restaurant Pizzeria Schönberg, hut Riesaalm</td> </tr> <tr> <td>Sand in Taufers/Campo Tures</td> <td>Restaurant Mitte, Restaurant Daimer, Restaurant Hochzirm, Restaurant Spangla</td> </tr> <tr> <td>Lappach/Lappago</td> <td>hut Nevesalm</td> </tr> </table>	Kasern/Casere	hut Tauernalm, hut Prastmannalm	Steinhaus/Cadipietra	hut Kristallalm, Restaurant Stochas food & drinks	St. Johann/San Giovanni	hut Bizathütte, Mountain Inn Platterhof, Restaurant Pizzeria Ahrner Wirt, hut Niederhofer Alm, Mountain Inn Stallila, hut Daimeralm, hut Rotbachalm	Weißbach/Rio Bianco	Restaurant Pizzeria Schönberg, hut Riesaalm	Sand in Taufers/Campo Tures	Restaurant Mitte, Restaurant Daimer, Restaurant Hochzirm, Restaurant Spangla	Lappach/Lappago	hut Nevesalm
Kasern/Casere	hut Tauernalm, hut Prastmannalm												
Steinhaus/Cadipietra	hut Kristallalm, Restaurant Stochas food & drinks												
St. Johann/San Giovanni	hut Bizathütte, Mountain Inn Platterhof, Restaurant Pizzeria Ahrner Wirt, hut Niederhofer Alm, Mountain Inn Stallila, hut Daimeralm, hut Rotbachalm												
Weißbach/Rio Bianco	Restaurant Pizzeria Schönberg, hut Riesaalm												
Sand in Taufers/Campo Tures	Restaurant Mitte, Restaurant Daimer, Restaurant Hochzirm, Restaurant Spangla												
Lappach/Lappago	hut Nevesalm												